Soup with Enokimushrooms

Vegan / CHINA

Preparation:

Gently roast all the ingredients in oil, then add water and soy bean paste to the pot. Next, add tofu, tomatoes and undon noodles. Season the soup and let it come to a boil before it is ready to be served.

Ingredients (four people):

500 g Enoki Mushroom (to be found in an Asian supermarket)

400 g Tofu

300 g Tomatoes

150 g Pak Choi

100 g Salted rocket salad (to be found in an Asian supermarket)

Ginger

Garlic

Green onions

250 g Udon noodles

70 g Soy bean paste

Soy sauce

Sugar

Salt

Oil



Contains allergens: Wheat, soy, sulphire sulphur dioxide Additives: Preservative contains alcohol