

## Tips for harmonious cohabitation within RaumTeiler

### General tips on living together

- ✓ **Communication is key:** Open and regular discussions help to clarify expectations and concerns.
- ✓ **Respect und Tolerance:** Accept the different lifestyles and needs of your flatmate
- ✓ **Clarify responsibilities:** Discuss clearly who is responsible for which tasks.
- ✓ **Show flexibility:** Be prepared to make compromises and react flexibly to changes.

### Introductory talks and expectations

Take time for an initial meeting to get to know each other and clarify your expectations.

Discuss topics such as

- Habits and daily routines
- Personal likes and dislikes
- Any desired support services and their implementation and frequency

You should also decide together what you hope to get out of the flat-sharing agreement and what rules should apply to living together. Possible topics could be:

- Visiting times
- Volume and quiet times
- Use of shared rooms

### Regular communication

Plan regular meetings to discuss the current status of your housing situation and address any problems at an early stage. Ask for:

- Is everyone satisfied?
- Are there any problems or misunderstandings?
- Do agreements need to be adapted?

Give honest and constructive feedback and express your needs in a clear and friendly manner.

### Dealing with conflicts

Living together as part of RaumTeiler offers many valuable opportunities and enriching experiences. To make the most of these, our tips will help you recognise potential conflicts at an early stage and deal with them positively together:

#### Act early:

- ✓ Do not hesitate to address problems before they develop into major conflicts.
- ✓ Remain calm and objective.
- ✓ Describe the problem from your point of view without blaming the other person.

- ✓ Listen actively and show understanding for the other person's perspective.

### **Find a joint solution:**

- ✓ Work together to find a solution that is acceptable for both sides.

### **Consider compromises:**

- ✓ Find a common ground that takes into account the needs of both parties

## **Support and distribution of tasks**

A clear and fair distribution of tasks is crucial for harmonious coexistence in a flat-sharing partnership. Conflicts can be avoided and a pleasant living environment created through regular agreements and mutual support:

### **Fair distribution of tasks:**

- ✓ Specify which tasks are to be performed by whom and how often.

### **Clearly define support tasks:**

- ✓ Discuss what kind of support is expected and to what extent it should be provided.

### **Important questions:**

- ✓ How much time can the student spend on the support?
- ✓ What special requirements or wishes does the accommodation provider have?

## **Respect personal freedom**

Clear and respectful communication helps to define personal freedom and avoid misunderstandings in a flat-sharing mentorship from the outset:

Maintain privacy:

- ✓ Respect the personal space and retreats of your flatmate.

Rules for shared spaces

- ✓ Define how and when common areas can be used.
- ✓ Discuss whether certain areas or items are for personal use only.

Take time for yourself:

- ✓ Make sure that both parties have enough time for themselves to relax and pursue personal interests.

## **Leisure and social activities**

You may discover common interests and want to plan activities and rituals such as shared meals, walks or games evenings. It is equally important to leave room for your own activities and hobbies. As always, communicate your ideas and wishes so that you can spend an enjoyable time together.

## Final discussion and feedback

It is important to create an open and respectful atmosphere during a final discussion and feedback in a residential mentorship. Through targeted discussions, both sides can reflect on their experiences and suggest possible improvements for future sponsorships:

Important questions:

- What went well?
- What could be improved?
- Would you like to continue or end the housing sponsorship?

**Thank you for your participation in the RaumTeiler project! We wish you a pleasant and successful resident agreement.**

## Contact details project coordination

<p><b>Kontakt</b>          Celina Bohmann          Studentenwerk Leipzig, Department          Social Services          Tel.: +49 1761 9659 639          E-Mail:          raumteiler@studentenwerk-leipzig.de</p>	<p><b>Consultation hours</b>  <b>by telephone:</b> Tuesday: 10:00 a.m. – 12:00 p.m. and Wednesday: 2:00 p.m. – 4:00 p.m.  <b>on site:</b> Tuesday: 13:00 p.m. – 15:00 p.m.          Center for Social Services (CSS)          Gutenbergplatz 4          04103 Leipzig</p>
--	---